Safety and Wellbeing

If you have any concerns about your own safety or wellbeing, or anyone else's, while you are learning from home, you should speak to a parent or other trusted adult and contact your class guardian or one of the school safeguarding leads:

Jacqui Armour: <u>jacqui@norwichsteinerschool.co.uk</u>
Sarah Brocklehurst <u>sarah@norwichsteinerschool.co.uk</u>
Naomi Pratt: naomi@norwichsteinerschool.co.uk

Help and support is also available from Childline: https://www.childline.org.uk 08001111.

Online Safety

If you are worried or concerned about anything that you see, hear or read online you can contact

- <u>Childline</u>, <u>Thinkuknow</u> and <u>NSPCC</u> for support
- UK Safer Internet Centre to report and remove harmful online content
- CEOP for advice on making a report about online abuse

Harmful or upsetting content

Get support by:

- reporting harmful online content to the UK Safer Internet Centre
- getting government advice and trusted resources from <u>Educate Against Hate</u> on safeguarding from radicalisation, building resilience to extremism, and promoting shared values.

Bullying or abuse online

You can:

- get advice on reporting online abuse from the National Crime Agency's <u>Child</u> <u>Exploitation and Online Protection command</u>
- get advice and support from <u>Anti-Bullying Alliance</u> for children who are being bullied